

MASSAGES

ishga Hot Stone Massage <i>30 / 55 minutes</i>	£82 / £108
ishga Invigorating Full Body Massage <i>30 / 55 minutes</i>	£72 / £102
Dunkeld Spa Full Body Massage <i>45 minutes</i>	£83
Indian Head Massage <i>30 / 45 minutes</i>	£72 / £83

FACIALS

ishga Discovery Facial <i>30 minutes</i>	£72
Dunkeld Facial <i>45 minutes</i>	£83
ishga Anti-Aging Rejuvenator Facial <i>55 minutes</i>	£105
ishga Sculpt & Restore Facial <i>55 minutes</i>	£105
ishga Luxury Anti-Aging Facial <i>90 minutes</i>	£140

FACE & BODY

ishga Tides of Change <i>90 minutes</i>	£135
ishga Marine Back Treatment <i>55 minutes</i>	£105
Highland Marine Face & Back Treatment <i>80 minutes</i>	£135
ishga Salt & Oil Scrub <i>45 minutes</i>	£83
ishga Detoxifying Seaweed Body Wrap <i>55 minutes</i>	£105
Dunkeld Rejuvenating Radiance Treatment <i>75 minutes</i>	£128

MATERNITY TREATMENTS

ishga Mum to Be Massage <i>55 minutes</i>	£105
Scalp, Neck, Shoulder, Lower Leg & Feet <i>45 minutes</i>	£83
Dunkeld Maternity Back, Neck & Shoulder <i>45 minutes</i>	£83

HAND & FOOT TREATMENTS

ishga Foot Recovery <i>30 minutes</i>	£72
ishga Seaweed Foot Experience <i>55 minutes</i>	£85
Reflexology <i>45 minutes</i>	£83
Dunkeld Spa Manicure <i>30 minutes</i>	£50
Dunkeld Spa Pedicure <i>30 minutes</i>	£50

ONCOLOGY TREATMENTS

Comforting Foot & Leg Massage <i>45 minutes</i>	£72
Head & Scalp Massage <i>45 minutes</i>	£72
Facial Massage <i>45 minutes</i>	£72
Seaweed Hand & Foot Treatment <i>45 minutes</i>	£72
Back, Neck & Shoulder Massage <i>45 minutes</i>	£72

ADD ON TREATMENTS

Polish Application <i>15 minutes</i>	£15
Hand Massage <i>15 minutes</i>	£20
Foot Massage <i>15 minutes</i>	£20
Face Massage <i>15 minutes</i>	£20